



Fields Lodge

BOUTIQUE BED & BREAKFAST

A very warm welcome to Fields Lodge
I do hope you enjoy your stay!

This folder contains information for you, my guest.
If, however, it does not answer all of your queries,
please do not hesitate to ask.

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Your Stay

Guest Information

Room Facilities:

- Complimentary organic, aromatherapy toiletries made locally for your use.
- Hairdryer.
- Shaver/ Toothbrush adaptor plug (contained in the bag marked hairdryer).
- Table top Ironing Board & Iron.
- Non- allergic bed linen.
- Tea/Coffee facilities tray with locally made Welsh Cakes.
- HD Ready Large screen TV.
- Alarm Clock/Ipod Charger.
- Welsh “Tregwynt Mill” woollen throws and cushions.
- Wi-Fi available-Key: Choose ‘Fields Lodge’ password key: (please note wi-fi signal may be stronger in the dining room as we are quite remote the signal can be a little weak).



Useful Telephone Numbers & Information

Emergency Services: 999 Mobile: 112

Coastguard: 01646 690909

Police: 0845 330 2000

Fire: 0370 606 0699

Jock's Taxis: 01646 698818

Jayne Hancock: 07740 699871

Barlow House Surgery: 01646 690674

Longest opening hours Chemist at Tesco Haverfordwest.

Nearest cashpoint: Tesco Milford Haven, although you can obtain cash from the village Post Office during working hours.

All the major banks are situated on Hamilton Terrace in Milford Haven.

There is a public telephone in Herbrandston Village on the corner of St Margarets Way, just down from the village green.

There are public transport timetables in the lounge.

Cycle shop & repairs-Enterprise Cycles, Honeyborough Roundabout, Neyland.

Keep up to date with what's going on by clicking onto our "Social Wall" and "Blog Page" found on our Website.

www.fieldslodge.co.uk





Breakfast

We are proud to be the only B&B in Pembrokeshire to be double award winners of 'Pembrokeshire's Finest Breakfast', as judged by an independent panel of judges, the local council department being one. We also hold a food hygiene rating of '5'-Excellent and we are committed to continuing our high standards to enhance your enjoyment.

We have the greatest respect for those of you on a food journey, or with special requirements, and will do our utmost to ensure you have a wide choice of food for you to enjoy-just let us know, and with a little forewarning, we can accomodate most requests. Served in the dining room-normally from 8am-9.30am – other times can be accommodated by prior arrangement.

Please take a seat and help yourself to juices/cereals/fruit/yoghurt I will collect your cooked requirements individually, which are then cooked to order.

Breakfast is cooked on my 1950s Aga which is an animal in it's own right, so do please let me know if you need a speedy breakfast. For your enjoyment, as much produce as possible is either homemade or sourced locally;

Homemade Pork Sausages & Bacon – Andrew Rees Butcher, Narberth
Free range Eggs – The Egg Shed
Preserves & Marmalade – Local Farmers Market, Coedcanlas or Homemade.

Welsh produced Butter, homemade Yoghurts and Bread.
Locally sourced fish from Milford Docks.



Places to Eat

In the village we have a traditional pub serving basic meals
The Taberna - 01646 693498

Milford Haven is 2.5 miles away (taxi fare approx £5.50)
There are several lovely places to eat on Milford Marina, which I would recommend. There is nothing quite so nice as eating overlooking the water:

Day Times

Foam (my personal favourite)
The Crow's Nest
The Spinnaker Café

Evening Times

Martha's Vineyard: 01646 690783
The Harbourmaster: 01646 695493
Foam (Thurs, Friday & Saturday nights) Tapas & Steak: 01646 698985
Other evening openings depending on the season - check with Jayne or call Foam.
There are also Indian and Chinese take-away and Eat-in located in Milford Town itself.

In the other direction you have Little Haven (3 miles away approx) there are several pubs serving good food for all budgets, they are all good just have a peruse and choose the style you like! Broad Haven, again several places to eat and then Dale (a little further afield) The Griffin Inn, lovely food overlooking Dale beach, an award wining eatery.

There are plenty more just ask for further recommendations!

Alternatively, if you prefer to eat in, then in the lounge you will find a menu book with the local takeaways that deliver, or that you can pick up from. Feel free to order a takeaway and use the crockery & cutlery you will find in the sideboard in the dinning room. Then just leave your dirty dishes on the sideboard for later collection.

Supper Platter

As an alternative, we can also supply a 'Supper Platter' for you to enjoy in-house, either in your room or you are welcome to use the dining room. We would ask you to let us know by 9am at the latest that you would require a platter that evening.
The contents of the platter may vary; subject to availability.



A short history of Fields Lodge and Milford Haven

Fields Lodge was originally spelt “Feilds Lodge” being named after the two brothers that built it to reside in after retiring from their farming activities. The Feilds family were an established family in the village of Herbrandston and should you care to take a walk down to the village church you will see many gravestones bearing that very name.

The bungalow name was changed to “Fields” through the passage of time and the Royal Mail! No-one could understand why “field” was spelt wrong!! Having said that it is still aptly named, as it is now a lodge at the start of the fields of Herbrandston!!

Your room is named after a part of Sandy Haven itself. The area is so diverse, it is well deserved to have different parts named separately.

If you imagine you are out at sea maybe sitting on Stack Rock Fort and looking towards the estuary going into Sandy Haven you will see the different parts;

On your left is “Sleeping Bay” a small sandy bay only really seen at low tide, separated from the main beach by the inlet that runs right up into the creek.

The inlet goes up to “Stepping Stones”, which is a quaint bridge used to cross from one side of the inlet to the other at low tide. This is known locally as the “crabbing bridge” and is a favourite place for the children to catch green crabs, put them in a bucket, parade their catch then throw them back in!

You then go further up the inlet into “The Creek”. Exposed at low tide as a favourite haunt for many species of bird life and a lovely peaceful walk, where you will often be the only one on the shore. Also, a fantastic spot for kayaking on an incoming tide.

If you come back down the creek and looking out to sea, take a left you will reach the expanse of beach known as Sandy Haven Bay. This beach is full of rock pools waiting to be discovered and then moves onto a mass of flat sand just perfect for walking on.

However, should you arrive at High Tide on the beach then you will see little more than water, as the tide comes right into the rocks-which allows a quick entrance to the water (taking care, as it is rocky) should you fancy a swim!

Your room has a picture of the area it is named after, I do hope you like it and please, if your schedule allows, do explore Sandy Haven. It is a truly lovely, uncommercialised beach. With that in mind, do make sure you take some refreshments!



Sandy Haven



Sleeping Bay



Stepping Stones



The Creek

Coming back to the house itself and the brothers that built it;

There are some very interesting ancestors of the two brothers and I think it makes your stay so much more personal to share these with you.....

The first being a brave rescue of a ship wrecked at Sandy Haven Bay.....

EXTRACT FROM THE ANNUAL REPORT OF THE RNLI FOR 1835

William FEILD. Former master mariner

20 February 1833

In passage from the Clyde to Leghorn, Italy the Sicilian brig Felicita was wrecked in Sandy Haven Bay, west of Milford Haven, Pembrokeshire during the night of the 19/20th her master and six seamen being washed off and drowned. About 7 a.m. Mr. Field saw the wreck on the sands near his house, the hull broken in two, all her masts gone, surf breaking over her and the survivors in the lower rigging. Obtaining the services of two volunteers he went over the reef and swam to the wreck and, with one of the men, brought two seamen safely ashore in two journeys. With the other volunteer assisting them they brought the remaining survivors (including two passengers) ashore but one seaman and a boy died later. All the survivors were so exhausted as to be helpless and the passengers all became badly cut by being thrown against the rocks.

The RNLI lists the names of persons saved as:

Ludovico lavico, passenger
Pietro Savarell, passenger
Giovanni Liberto, carpenter
and nine seamen.

The Quarter Sessions roll for Easter 1833 lists whose who died as follows:

Guisseppa D’Anno
Stafano Pegano
Francisco Griscaolo
Vicenzo Digenaro
Cosimo Viole
and boy Gaspari

For his bravery William was awarded a Silver Medal & £5 from the RNLI, along with the other two volunteers William Evans and Rees Jones each receiving £3 or £2 respectfully.

Another contemporary account of the wreck states “Feild ran down to the waters’ edge with two of his friends and together they performed a remarkable rescue. Wading into the estuary, Feild scrambled over the reef and swam out to the men on the wreck. One survivor at a time was brought back through the waves and helped over the reef. Of the three rescuers, who were themselves badly cut by being thrown against the rocks by the surf, Feild was awarded the Silver Medal of the R.N.L.I. and all three received monetary testimonials both from the R.N.L.I. and from a fund raised locally”.

The account of this rescue features in many books on wrecks in the South Wales area.



The second being an invention, still in use today, an example of which can be seen in Milford Haven Museum

CAPTAIN FEILD’S IMPROVED PARALLEL RULER



It is also understood the Capt. William Andrew Feilds was the inventor of “Captain Feilds” improved Parallel Rule”. There is an example of one in the National Maritime Museum, Greenwich, London. It is inscribed “Regd. No 5449 JAN v 1854 Captn Feild’s improved”. Another example is held by the local Museum at Milford Haven, Pembrokeshire.

William died in 1870 and is buried in Herbrandston Church.

If you choose to peruse the books in the Lounge you will find in one of them a printed picture of a painting completed by another Feild ancestor!

You will also find many books on the history of Milford Haven, which was settled by Quaker Whalers, consisted of 3 parallel streets, called then Front, Middle and Back Street. You will still today hear local people using the term “Front Street”, when they are talking about Hamilton Terrace, as it was later renamed when Milford was developed further by The Honerable Charles Greville, under instruction from his Uncle, Sir William Hamilton. Lady Emma Hamilton, William’s wife, was known to have a relationship with Lord Nelson, who visited Milford Haven and who commented on how great the natural harbour was. As such, you will find many streets in Milford named after these influential characters; Greville Road, Hamilton Terrace, The Lord Nelson Hotel to name but a few. The history of Milford Haven is, as you might imagine, much more indepth than what is written here, but I hope this suffices to give you the curiosity to explore more!

Jayne’s Guide to enjoying your stay at Fields Lodge

As you are in one of the best places in Pembrokeshire, you are literally spoilt for choice. However, there are a few things I would love for you not to miss while you are here.

Walks

Over the hedge
Just over the hedge of the garden is a Tyr Gofal walkway that will take you right down to the top of the creek. From here you can walk towards Sandy Haven Beach and (shorter) either walk back up to the house via Middlekiln Lane or (longer) walk right down past stepping stones, right down onto Sandy Haven Bay, coming back up via the coastal path into the village.

Do check, however, what the tide is doing, as to get right round you need to make sure it’s not high tide!

Little & Great Castle Head

A lovely walk, quite often overlooked by the mass tourists, only seen if you happen to be doing the whole coastal path, but this little section is a joy to experience.
The walk is accessed from Sandy Haven “the other side”. Park by the restored Lime Kiln and walk down towards the beach. On your right hand side before you get to the houses you will see a Coast Path Walk sign taking you up into the woods. Pick up the path here and simply follow it round....it’s a fantastic walk, one minute you’re in the woods, which are simply breathtaking at bluebell time, then you’re walking over a quiet stream, then you are in vast open fields of yellow rapeseed or barley and then you’re walking along dramatic coastline and if you’re feeling adventurous (one of the coves is a steep climb, aided by a blue rope), climb down to one of the bays, where you’ll find sandy coves that you’ll probably have all to yourself.
A wonderful place for a picnic.

Have a short walk by ending at Little Castle Head and head for the gravel road back to the main road, which you then walk down to get back to your car or walk along the coast a little further and enjoy the views from Great Castle Head, again picking up the gravel road back through the fields, eventually arriving back at the main road where you take a right, and walk down to your car....unless of course, you planned the journey right and have walked it from Fields Lodge, crossing the creek via “Stepping Stones”, in which case-it’s a walk back up the lane back to your base!



Brigadier's Bench

This is a walk not to be missed. Start off at Dale and follow the coastal path around, walking past Watwick Beach and working your way up to West Blockhouse. Here take time out and enjoy the view and a little picnic whilst sitting on the Brigadier's Bench. From here you can see, in one direction right up the Cleddau towards Milford Haven and in the other, out to the heads, which will take you eventually to Ireland. If you time your picnic for about 3.45 you will be able to watch the Pembroke Dock Ferry making it's way out of the Haven to Ireland. You can then continue to follow the coastal path, passing the light house, which will eventually see you back at Dale. This is about a 4 hour walk, with the bench being about half way.

For a shorter version, start at Watwick Bay, parking just above the beach, pick up the coastal path there, reaching the bench in about a half hour then take the gravel path back up to where you have parked the car-about 10 minute walk.

PLACES TO VISIT

The Blue Lagoon (Abereiddy)

This a dis-used slate quarry that is now filled by the sea. The slate gives the "lagoon" a fantastic blue colour, hence the name! Take a walk from the car park up to the Lagoon, skim a few stones and enjoy your surroundings then drive your car to the small village of Porthgain and enjoy a refreshment in the oldest pub in Pembrokeshire - The Sloop Inn, where you can also have a fantastic meal in surroundings that will leave you with great memories.

A Coastal Run

A really lovely way to spend an afternoon is to take what I call "The Coastal Run" a firm favourite of mine on Sunday afternoons when I was a child for a family outing.

Drive from Fields Lodge and make your way to Little Haven (a charming little village with an abundance of good eating places a small beach with a slip and some curiosity shops) then onto Broad Haven (a large expanse of sand at low tide, popular with surfers, again a good supply of pubs and restaurants) then Druidston (where if you keep an eye out you will see the "teletubbie" house, a house inset into the ground with grass as it's roof!) then onto Nolton Haven (peaceful small beach with large carpark) then up to Newgale (HUGE sandy beach, often windy so very popular with surfers, good pub and surf shop/newsagents) further on to Solva (lovely village with an abundance of curiosity shops and eateries and a gallery) ending up at St Davids, the smallest City in the UK, with St Davids Cathedral in prime position. As an aside, you are now very close to The Blue Lagoon mentioned above.



Brigadier's Bench



The Blue Lagoon



St Davids Cathedral

Skomer Island

Skomer is the reason many visitors come to West Wales.

We are fortunate to only be approximately 15 minutes drive away from Martins Haven, the embarkation point to Skomer.

Visitors to Skomer are invariably coming for the wildlife and birds in particular the Puffins & Shearwaters. The main season for Puffins is April - End July. If you fit a trip in during May you will be fortunate enough to see the fantastic bluebells that absolutely coat the island. To see these and the red champions 'floating' above them is a truly magical sight.

To visit Skomer, it is recommended to arrive at the ticket office (Lockley Lodge) for 8.30am at the latest. It is not possible to book ahead and a maximum of 250 people are allowed on the island on any one day, so you need to get there early to be sure of your ticket. I would also suggest making it your plan to visit on the earliest day you can on your holiday, as the boats are subject to the weather, so it is not guaranteed they will sail every day.

You buy your landing pass at the ticket office (at which point you are advised what time your boat will be leaving) and then you pay your boat fee as you set foot onto the boat, remember to take cash for this, it's cash only on the boat.

The ferry trip takes approximately 15 minutes and on here you will be given your return trip time, you usually have about 5 hours on the island.

Words (nor pictures, for that matter) cannot convey how fantastic the island, bluebells and puffins are-you will be told the puffins will be at your feet but you do not quite believe it. Just wait until you get there, you have to see it to believe it!

Take care on the island as there are no trees, and as you are surrounded by sea it is very easy to get sun & wind burnt. So always take some sunscreen as there is no shelter on the island other than the old farmhouse in the middle of the island.

Also, make sure you bring enough food and drink as there are no facilities on the island and the fresh air will make you quite ravenous!

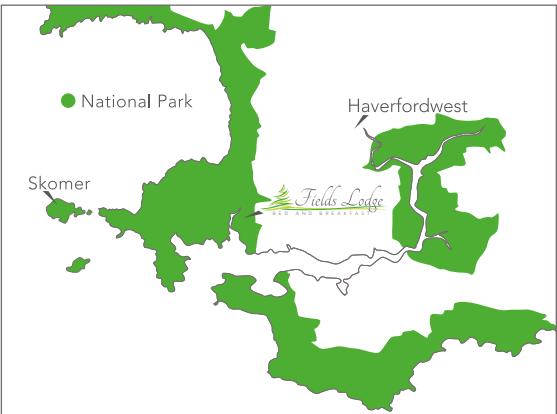
So, to ensure you arrive in time to obtain your ticket, Jayne will happily serve you an early breakfast. This way you will start the day fully nourished and if you would like, Jayne will organise a packed lunch for you that will ensure you will not go hungry!



An accurate census of puffins is difficult, but the best estimates indicate that there may be about 6,000 breeding pairs on Skomer.



Manx shearwaters also do well on the island. There are an estimated 316,000 breeding pairs on Skomer.



Safety & Fire Information

All rooms are fitted with smoke detectors on a linked system with battery back-up.

In the case of an emergency please make your way to the nearest exit. This is the front door that you used on arrival.

Please make yourself familiar with the floor plan map.

Please make your way as quickly as possible, do not delay by collecting personal items.

The front door is unlocked by turning the knob located by the handle. Give the handle a good push down.

Please meet at the entrance to the carpark.

There are safety lights in the corridors to help guide your way.

There is a hand held torch located in the drawer of your dressing table.

Please refer to the drawing of the footprint of the bungalow to familiarize yourself.

An alarm test is made on Mondays between 9am-5pm. Alarm tests do not take place outside of this time.

First Aid Kit is held in 2nd drawer of middle run of drawers in sideboard in the hall.

Fields Lodge is a no smoking establishment.

 Fire Door

 Emergency Lighting

 Fire Alarm or Smoke Detector

Hand held torch in the dressing table
drawer in each bedroom

